

## YEAR 1 – MEDIUM-TERM OVERVIEW

Term	Topic	In this unit of work, students learn...	Quality Assured resources to support planning
Autumn — Relationships	<b>Families and friendships</b> Roles of different people; families; feeling cared for  PoS Refs: R1, R2, R3, R4, R5	<ul style="list-style-type: none"> <li>about people who care for them, e.g. parents, siblings, grandparents, relatives, friends, teachers</li> <li>the role these different people play in children's lives and how they care for them</li> <li>what it means to be a family and how families are different, e.g. single parents, same-sex parents, etc.</li> <li>about the importance of telling someone – and how to tell them – if they are worried about something in their family</li> </ul>	<a href="#">Medway Public Health Directorate - Primary RSE Lessons (KS1), Lesson 1, 'My special people'</a>  <a href="#">Metro charity KS1 Love and respectful relationships</a>
	<b>Safe relationships</b> Recognising privacy; staying safe; seeking permission  PoS Refs: R10, R13, R15, R16, R17	<ul style="list-style-type: none"> <li>about situations when someone's body or feelings might be hurt and whom to go to for help</li> <li>about what it means to keep something private, including parts of the body that are private</li> <li>to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches)</li> <li>how to respond if being touched makes them feel uncomfortable or unsafe</li> <li>when it is important to ask for permission to touch others</li> <li>how to ask for and give/not give permission</li> </ul>	<a href="#">NSPCC – The underwear rule resources (PANTS)</a>  <a href="#">1 decision (5-8)-Relationships £</a>
	<b>Respecting ourselves and others</b> How behaviour affects others; being polite and respectful  PoS Refs: R21, R22	<ul style="list-style-type: none"> <li>what kind and unkind behaviour mean in and out school</li> <li>how kind and unkind behaviour can make people feel</li> <li>about what respect means</li> <li>about class rules, being polite to others, sharing and taking turns</li> </ul>	