



**SUBJECT OVERVIEW FOR PSHE 2023-2024**

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Reception	Rules and behaviour Key worker group time – all about me Circle time – listening and respect (ongoing) – all about me Mindfulness and relaxation (ongoing)	Respecting differences Keeping safe – anti bullying Mental wellbeing (ongoing) Disability equality	Respecting other cultures Online safety Religion / race equality awareness	Easter Being safe – health awareness	Family and friendship Stereotypes equality awareness (gender, race, sexual orientation)	Team work Road safety Transition
Year 1	Health and well-being: <ul style="list-style-type: none"> <li>Physical health and Mental Well-being</li> <li>Keeping safe</li> <li>Disability</li> </ul>		Living in the wider world <ul style="list-style-type: none"> <li>Belonging to a community</li> <li>Media Literacy and Digital Resilience</li> <li>Money and work</li> <li>Religion and belief</li> <li>Race</li> </ul>		Relationships <ul style="list-style-type: none"> <li>Families and Friendship</li> <li>Safe Relationships</li> <li>Respecting ourselves and others</li> <li>Growing and changing/Sex Education (from Health and well-being theme)</li> <li>Gender</li> <li>Sexual orientation</li> <li>Religion and belief</li> <li>Race</li> <li>Stereotypes</li> </ul>	
Year 2	Health and well-being: <ul style="list-style-type: none"> <li>Physical health and Mental Well-being</li> <li>Keeping safe</li> <li>Disability</li> </ul>		Living in the wider world <ul style="list-style-type: none"> <li>Belonging to a community</li> <li>Media Literacy and Digital Resilience</li> <li>Money and work</li> <li>Religion and belief</li> <li>Race</li> </ul>		Relationships <ul style="list-style-type: none"> <li>Families and Friendship</li> <li>Safe Relationships</li> <li>Respecting ourselves and others</li> <li>Growing and changing/Sex</li> </ul>	



					<b>Education (from Health and well-being theme)</b> <ul style="list-style-type: none"> <li>• Gender</li> <li>• Sexual orientation</li> <li>• Religion and belief</li> <li>• Race</li> <li>• Stereotypes</li> </ul>	
Year 3	<b>Health and well-being:</b> <ul style="list-style-type: none"> <li>• Physical health and Mental Well-being</li> <li>• Keeping safe</li> <li>• Disability</li> </ul>	→	<b>Living in the wider world</b> <ul style="list-style-type: none"> <li>• Belonging to a community</li> <li>• Media Literacy and Digital Resilience</li> <li>• Money and work</li> <li>• Religion and belief</li> <li>• Race</li> </ul>	→	<b>Relationships</b> <ul style="list-style-type: none"> <li>• Families and Friendship</li> <li>• Safe Relationships</li> <li>• Respecting ourselves and others</li> <li>• Growing and changing/Sex Education (from Health and well-being theme)</li> <li>• Gender</li> <li>• Sexual orientation</li> <li>• Religion and belief</li> <li>• Race</li> <li>• Stereotypes</li> </ul>	
Year 4	<b>Health and well-being:</b> <ul style="list-style-type: none"> <li>• Physical health and Mental Well-being</li> <li>• Keeping safe</li> <li>• Disability</li> </ul>	→	<b>Living in the wider world</b> <ul style="list-style-type: none"> <li>• Belonging to a community</li> <li>• Media Literacy and Digital Resilience</li> <li>• Money and work</li> <li>• Religion and belief</li> <li>• Race</li> </ul>	→	<b>Relationships</b> <ul style="list-style-type: none"> <li>• Families and Friendship</li> <li>• Safe Relationships</li> <li>• Respecting ourselves and others</li> <li>• Growing and changing/Sex Education (from Health and well-being theme)</li> <li>• Gender</li> <li>• Sexual orientation</li> </ul>	→



					<ul style="list-style-type: none"> <li>• Religion and belief</li> <li>• Race</li> <li>• Stereotypes</li> </ul>	
Year 5	<p>Health and well-being:</p> <ul style="list-style-type: none"> <li>• Physical health and Mental Well-being</li> <li>• Keeping safe</li> <li>• Disability</li> </ul>	→	<p>Living in the wider world</p> <ul style="list-style-type: none"> <li>• Belonging to a community</li> <li>• Media Literacy and Digital Resilience</li> <li>• Money and work</li> <li>• Religion and belief</li> <li>• Race</li> </ul>	→	<p>Relationships</p> <ul style="list-style-type: none"> <li>• Families and Friendship</li> <li>• Safe Relationships</li> <li>• Respecting ourselves and others</li> <li>• Growing and changing/Sex Education (from Health and well-being theme)</li> <li>• Gender</li> <li>• Sexual orientation</li> <li>• Religion and belief</li> <li>• Race</li> <li>• Stereotypes</li> </ul>	
Year 6	<p>Health and well-being:</p> <ul style="list-style-type: none"> <li>• Physical health and Mental Well-being</li> <li>• Keeping safe</li> <li>• Disability</li> </ul>	→	<p>Living in the wider world</p> <ul style="list-style-type: none"> <li>• Belonging to a community</li> <li>• Media Literacy and Digital Resilience</li> <li>• Money and work</li> <li>• Religion and belief</li> <li>• Race</li> </ul>	→	<p>Relationships</p> <ul style="list-style-type: none"> <li>• Families and Friendship</li> <li>• Safe Relationships</li> <li>• Respecting ourselves and others</li> <li>• Growing and changing/Sex Education (from Health and well-being theme)</li> <li>• Gender</li> <li>• Sexual orientation</li> <li>• Religion and belief</li> <li>• Race</li> <li>• Stereotypes</li> </ul>	→