

**Coates Lane Primary School - Yearly Overview of PHYSICAL EDUCATION 2023-2024**

	<u>Autumn</u> Focus: Object control skills		<u>Spring</u> Focus: Locomotor & Non-Locomotor		<u>Summer</u> Focus: Locomotor & Non-Locomotor	
<b>Reception, Year 1 and Year 2</b>	<u>Aut 1.</u> Bouncing, throwing (underarm & overarm) and catching	<u>Aut 2.</u> Kicking and Striking	<u>Spr 1.</u> Hopping, balancing, leaping and jumping <u>Dance/Gymnastics</u>	<u>Spr 2.</u> Rolling and sliding	<u>Sum 1.</u> Running and dodging	<u>Sum 2.</u> Gallop, skipping and hopscotch
<b><u>Key skills and knowledge assessment</u></b>	Can they catch with both hands?  Can they throw in different ways?  Can they throw underarm?	Can they kick in different ways?  Can they talk about what they have done?	Can they describe how their body feels before, during and after activity?	Can they roll a piece of equipment?  Can they move and control a piece of equipment with care?	Can they describe what other people did?  Can they move around the space safely?	Can they move with control and care?  Can they repeat actions and skills?

<p><b>Years 3, 4, 5 &amp; 6</b></p>	<p><u>Aut 1.</u> Invasion Games Y4 swimming (NC objectives)</p>	<p><u>Aut 2.</u> OAA Y6 swimming (NC objectives)</p>	<p><u>Spr 1.</u> Dance/Gymnastics Y5 swimming (NC objectives)</p>	<p><u>Spr 2.</u> Y3,4 &amp; 6 Striking/ Fielding games Y5 Dance/ Gymnastics (Spr 1 assessment)</p>	<p><u>Sum 1.</u> Y3 Net/Wall games Y4 Net/Wall games &amp; Invasion games Y5 Net/Wall games &amp; Striking/Fielding Y6 Net/Wall Games &amp; OAA</p>	<p><u>Sum 2.</u> Athletics</p>
<p><b><u>Key skills and knowledge assessment</u></b></p>	<p>With help, do they recognise how performance could be improved?</p> <p>Can they vary tactics and adapt skills according to what is happening?</p> <p>Can they gain possession by working as a team?</p>	<p>Can they select and use the most appropriate skills, actions or ideas?</p> <p>Can they change their route if there is problem?</p> <p>Can they plan a route and series of clues for someone else?</p>	<p>Can they share and create phases with a partner/small group?</p> <p>Can they use dance to communicate an idea?</p> <p>Can they choose their own music, style and dance?</p>	<p>Can they throw and catch when under limited pressure?</p> <p>Can they hit a ball accurately and with control?</p> <p>Can they make complex, extended sequences?</p> <p>Can they make a team plan and communicate it to others?</p>	<p>Do they know and use rules fairly to keep games going?</p> <p>Can they use clues to follow a route?</p> <p>Can they choose the best tactics for their team?</p> <p>Can they lead others in a game situation?</p>	<p>Can they throw a variety of objects, changing action for accuracy and distance?</p> <p>Can they run over a long distance?</p> <p>Can they combine running and jumping?</p> <p>Can they demonstrate stamina?</p>